

MEHIS

MINORITY ETHNIC
HEALTH INCLUSION SERVICE



MEHIS aims to improve the health and wellbeing of BME and refugee communities across Lothian

Minority Ethnic Health Inclusion Service

Craigmillar Health Centre

106 Niddrie Mains Road
Edinburgh EH16 4DT
General Office Telephone Number
0131 536 9544
MEHIS@nhslothian.scot.nhs.uk

Service Manager

0131 536 9581

Bangladeshi Linkworker

0131 536 9543
07771 504 802

Chinese Linkworker

0131 536 9547
07771 504 668

Pakistani/Indian Linkworker

0131 536 9542
07825 681 884

Other Linkworkers

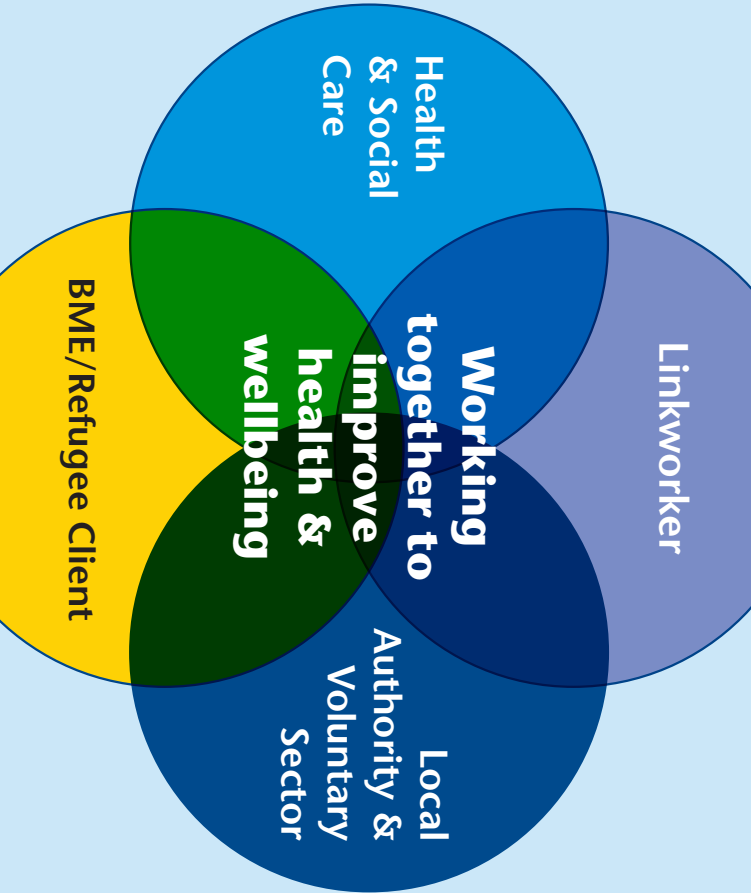
0131 536 9548
07824 606 520

Support Worker

0131 536 9546
07825 273 967



Freepost plus RTJX-CLCZ-JSXH
MEHIS
Craigmillar Health Centre
106 Niddrie Mains Road
Edinburgh
EH16 4DT



What can MEHIS do for me?

Advice and Information

MEHIS can

- Provide information and advice on health and other services
- Search out information resources in your own language or assist you to understand information from English language resources

Multi-lingual Linkworker/ Advocacy service

MEHIS can

- Help you to access health and other services including those you can self refer to
- Explain NHS services and link you with appropriate agencies
- Enable you to talk to health professionals or speak on your behalf
- Ensure your cultural and personal concerns are taken into account
- Ensure that you have the information you require to enable you to make informed decisions about your healthcare
- Put you in touch with other support services in your local area or ethnic or faith community

MEHIS services are free and confidential

- MEHIS works with all minority ethnic communities across Lothian
- Have minority ethnic staff who can speak various languages

- Support you to access services to improve your lifestyle and life circumstances
- Support you if you have any concerns or complaints about NHS services.

How will MEHIS do this?

MEHIS Linkworkers will:

- Meet with you to discuss your concerns
- If necessary, accompany you to your health or other appointments
- Link you with the interpretation service, if you require only language support (MEHIS is not an interpretation service)

How can I contact MEHIS?

You, a family member or friend can contact MEHIS on any of the numbers listed at the back of this leaflet.

What can MEHIS do for Community Groups?

The NHS is committed to improving the health of communities. MEHIS will work in partnership with health and other professionals, faith and community groups to:

- Ensure that minority ethnic groups are able to voice their views regarding NHS services
- Enable equality of access to primary care services, which take account of their cultural and faith needs
- Plan and support the delivery of health promotion programmes to minority ethnic groups
- Facilitate Health Screening

Suggestions

We continually try to improve our service and welcome your views. Please complete this form and post it to MEHIS or speak to the MEHIS manager on 0131 536 9581.

How would you rate MEHIS services?

- Excellent 😊😊
- Good 😊
- Satisfactory 😐
- Poor 😞

What was good?

What was not good?

How would you like to see MEHIS's service improve?

Thank you

Once completed, please tear off the form, moisten the gummed edges, fold to seal, and post to the FREEPOST address of the reverse side.

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MOISTEN HERE

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