

# Danderhall Medical Practice

## **REQUEST FOR A CONTINUED FIT NOTE**

You **must** have been seen with your present complaint by a Doctor before a GP can write you a fit note

Name: .....

Date of birth .....

Address .....

.....

Telephone number .....

Doctor you usually see .....

Date required from .....

Intended return to work date .....

I confirm that I have self-certified for the first 7 days

Signed .....

Date of request .....

### **PLEASE NOTE**

Your fit note will usually be available 2 days after the date of receipt/ start date of fit note (which ever date is later).

Sometimes the Doctor is unable to give you a fit note without seeing you, so you may be asked to make an appointment.

# Danderhall Medical Practice